



# **DONNA-LEIGH PERFECT**

## **MEDIA KIT**

Author Bio

Book Bio and Excerpt

Target Audience

Celebrity Endorsement

Testimonials

Interview Questions and Media Activity

The Dream Guards

Motivational Speaker

Speaker Testimonials

Contact

# BIOGRAPHY

Donna-Leigh Perfect's charisma, effervescent personality, and abundant energy is contagious. She has achieved great things through the following roles:

- 2018 International Women's Day Leadership Ambassador in Social Justice and Equality.
- CEO, Co-founder and program designer of *The Dream Guards Perfect P.E.A.C.E Program* and *Dream Guards Ambassador Program*.
- Children's author "The Adventures of Jessie and Rocky Rockstar" book series.
- Speakers Tribe Leader Queensland
- Youth Mental Health first aider with Lifeline Suicide Prevention Training.
- Qualified personal trainer with advanced nutrition.

I'm sure you, like Donna-Leigh understand the importance of reading to your children. A survivor of childhood domestic violence, where she lost her mum, was separated from her siblings and subjected to foster abuse. Donna-Leigh has fond memories of being read to by a beautiful foster mother, during her 6 years in 13 foster homes.

Her traumatic childhood experiences ignited her passion to develop The Dream Guards Tour of Resilience, Perfect P.E.A.C.E Program and Dream Guards Ambassador Program. Inspiring children to believe in themselves no matter their circumstances.

She speaks at schools, corporate and charity events across Australia. Most recently sharing her inspirational story on the international Ignite and TenX stages.



# BOOK BIO

## THE ADVENTURES OF JESSIE AND ROCKY ROCKSTAR PUPPY RESCUE

Have you ever wished for something so bad you have dreamed it into your life? Little 10-year-old Jessie has a tiny button nose, friendly smile and cheeky sparkle in her eyes. She loves being outdoors, exploring the beach where she lives with her mum, stepdad and big brother.

Jessie dreams of having a puppy of her own to play and run along the sand with. Just like the ones she watches from her beach house. To Jessie that's all it will ever be...just a dream...or will it come true.



## THE ADVENTURES OF JESSIE AND ROCKY ROCKSTAR TIGER

Rocky Rockstar is not your everyday dog. Imagine a dog that looks like a tiger. Or maybe it's a tiger that looks like a dog. This is how a boy describes little 10-year-old Jessie's dog.

Enjoying a beautiful sunny day playing together on the beach, Jessie is faced with something very scary. With only seconds to react, Jessie quickly learns there is something very special about her "Tiger" dog Rocky Rockstar.



*Why I have written these children's books – As a survivor of childhood domestic violence, losing my mum and foster abuse, I have a fond memory of being read to once by a beautiful foster mother, during my 6 years in 13 foster homes.*

*I was able to escape the reality of my life for a moment by using my imagination to lose myself in the stories and believe a happy ending is possible.*

*The synchronicity of rescuing Rocky Rockstar from a foster shelter, as a mother, for my beautiful daughter Jessie and giving him a loving family life, to today writing a children's series about the beautiful bond they share, completes the circle of life and is proof you can correct the past by changing the future. - Donna-Leigh Perfect*





# BOOK EXCERPTS

## THE ADVENTURES OF JESSIE AND ROCKY ROCKSTAR PUPPY RESCUE

Jessie is an adventurous little girl with sun-bleached blonde hair and a bright red strawberry birth mark on her cheek. She lives with her mum, stepdad Michael and big brother Hamy in a cosy little wooden house with an old rickety porch by the sea.

Every day after school Jessie stands on the porch, her piercing blue eyes watching the dogs chasing the waves washing up on the sand. She has always dreamt of one day having her own puppy.

Entering the kitchen where her mum is preparing dinner, Jessie pleads, "Please, please mum if I promise to be good and help you with the dishes can I please have a puppy of my own?"

Looking down at Jessie her mum replied, "Jessie we can't get a puppy, I keep telling you we don't have the money".

Jessie's eyes welled up with tears as she dropped her head and shoulders and shuffled back to the porch.



## THE ADVENTURES OF JESSIE AND ROCKY ROCKSTAR TIGER

"Look mum it's a Tasmanian Tiger" the little boy with freckles and ginger curls yelled out, as he pointed to Rocky Rockstar from the footpath.

Jessie laughed as she looked down at Rocky and thought "Yeah I guess you do look a bit like a tiger with your black and orange stripes".

Jessie and her mum had stopped for a hot chocolate at "Bangles by the beach" the local cafe near their house.

It was their favourite place to hang out and talk. Jessie turned to her mum and said "Maybe Rocky was having some puppy nightmares Mum"

Jessie had made a bed with a cardboard box and an old blanket on the floor next to hers for Rocky Rockstar to sleep in. His first few nights seemed a bit rough. Jessie noticed he shivered and whimpered, sometimes whining in his sleep.

"Maybe he was Jessie, it sure is a mystery the way Dad found him buried in those rocks on the side of the road" her mum said.

# TARGET AUDIENCE

## WHO SHOULD READ?

- Children
- Parents and families
- Grandparents
- Schools
- Early Childhood Centres



## BOOK BENEFITS

- Inspires imagination and play.
- Engaging adventure story.
- Bonding time between parents/adults and children.
- Provokes curiosity and discussion
- Develops vocabulary, literacy skills and language.
- Key themes of friendship, compassion and care.
- Nurturing kindness to animals
- Outdoor exploration
- Developing responsibility

# CELEBRITY ENDORSEMENTS

*'These delightful read aloud stories will give as much pleasure to the adult doing the reading as it will to the children listening. Sharing the magic of words with children is one of the happiest of life's adventures.'*

**Ita Buttrose**

**Television Personality**



*'Donna-Leigh Perfect delivers a heartfelt children's story with "THE ADVENTURES OF JESSIE AND ROCKY ROCKSTAR" in which the whole family will enjoy. The love between a child and her pet is something that will tickle your heart strings taking us back to that moment in our lives where life was simpler and our dreams and imagination were everlasting.'*

**Nathan Foley**

**Original Hi-5 Cast member**



*'I love how PUPPY RESCUE connects with you, we've all been there as a child who desperately wants a puppy! It's so relatable! This book also shows that life isn't perfect, it's an honest story set in the real world. This series is brilliant. TIGER, the second book in the series, I really felt connected to the characters! Be careful though, this book will make your kids want a puppy! Haha. Rocky Rock Star is such a hero in this short story! I was so damn engaged. Especially the part when Jessie slipped and the snake appeared!'*

**Vinh Giang**

**Inspirational Speaker**



# TESTIMONIALS

## The Adventures of Jessie and Rocky Rockstar 'Puppy Rescue' and 'Tiger'

*'My 6 year old daughter loved the story of Rocky Rockstar and Jessie and I liked the meaningful lessons each one had to offer. Kindness, compassion, plus the magic of a child's first puppy!'*

**Minnie Von TEDx Coach**

*'Just like her stage presentations, Donna-Leigh Perfect has an amazing way with words, especially when it comes to children. She knows their needs and their dreams. As a mother she also knows the battles and boundaries of parenting. In this beautiful story Donna-Leigh demonstrates to every parent of a ten-year-old child that even in the black and white, there is grey and space for change. And for children she creates the surprise and the lessons learnt, when suddenly a puppy, by the name of...'Rocky-Rockstar'...comes into their world.'*

**Anna-Grett (Anna) Brasher - Psychologist, Poet and Public Speaker**

*'Perfect for any child who ever dreamed of having their own dog....or already does. A great story for understanding the importance of love, and how sometimes the dog that you rescue, rescues you!'*

**Mandy Nolan - International Comedian/Entertainer**

*'I have just finished listening to your beautiful books. I love them. Here is my review you clever wonderful woman. As a lover of animals, especially dogs, I loved these stories about the special bond between a little girl and her first dog and what we can learn from each other. I remember feeling exactly the same way as Jessie when she meets Rocky Rockstar. Donna Leigh captures that happiness and love perfectly.'*

**Ellen Briggs - International Comedian/Entertainer**

# TESTIMONIALS

## The Adventures of Jessie and Rocky Rockstar 'Tiger'

*"Puppy Rescue'.... A simple, delightful story, perfect for children of all ages, about discovery and connection. 'Tiger'... It's wonderful to see the relationship between Jessie and Rocky continue to blossom."*

**Ellen Paige – Children's Book Author**

*'A charming story of the courage of two life friends. With your narration you painted a clear picture in my mind. Your young audience will love it dear Donna-Leah Perfect. With love and respect.'*

**Livia York - Author**

*'Donna Leigh Perfect's new books 'Rescued' and 'Tiger' are filled with joy, enthusiasm and a zest for life that takes me back to my own childhood. The 'Rocky Rockstar' series is proving to be something rather special and I am sure children and parents will love reading these books together.'*

**Karen Clarke - Author, Speaker & NLP Expert**

*'This is a warm and loving story which touched my heart. When I heard Donna-Leigh Perfect read this story, soon to be a great Children's Book it brought tears to my eyes and took me back to memories of my childhood with my own pets and how they came into my life. A really enjoyable break from the reality of modern life to be a child again experiencing the joy of loving and being loved. Five stars.'*

**Dale Mansfield - TLC for Kids**

*'These books are Absolutely Delightful - for children young and old!!'*

**Tracey Korman - Qualified Counsellor**

*'A simple, delightful story, perfect for children of all ages, about discovery and connection.'*

**Nanette J Clifton - Author**



# INTERVIEW QUESTIONS

1. What is the message you want your readers to grasp?
2. What keeps you inspired?
3. When and why did you first start writing?
4. What inspired you to write your first book?
5. Will there be more books in the series?
6. Tell me more about how your childhood impacted on these stories?
7. Do you have any advice for other writers?
8. Give us your best all round advice for Indie authors.
9. Where can people buy the book?
10. What's next for Donna-Leigh Perfect?
11. How do you achieve high sales results in this industry?

## MEDIA ACTIVITY



# THE DREAM GUARDS

As DREAM GUARDS Donna-Leigh Perfect and Michael Bennett sow the seeds of self-belief. Because it is imperative that you believe you are amazing, believe you are strong, believe that you can overcome adversity in your life.

The DREAM GUARDS build resilience, self-esteem, and self-confidence in a unique way through inspirational magic with messages and empowering real-life story sharing.

***“These mediums engage the youth and leave them with a feeling that has a lasting impact on their lives. “***

As DREAM GUARDS we inspire youth with our unique anti-bullying P.E.A.C.E tools to build resilience and self-confidence. These powerful P.E.A.C.E tools also focus on reversing the culture of bullying by helping transform the bullies from hurters to heroes in your community.

The Dream Guards ([www.dreamguards.com.au](http://www.dreamguards.com.au)) have developed a Free App with services to support the community including Lifeline, Headspace and Kids Helpline. Along with fun videos and the opportunity to listen to more wonderful children’s stories with Rocky Rockstar. Download the Dream Guards Free App today and enjoy Donna-Leigh Perfect reading with Rocky Rockstar. <https://dg.app.link/dg>



# INSPIRATIONAL SPEAKER

*"My mission is to inspire people to believe they can overcome any adversity and live a life of passion and purpose".*

*"Sharing my story and unique P.E.A.C.E tools in honour of my beautiful mum and all victims of domestic violence who no longer have a voice*

**Donna-Leigh Perfect**



Guest Speaker at International Women's Day Festival 2019 (left)



Speakers Tribe International Conference 2019 - TenX Stage

## SPEAKER TESTIMONIALS

*Donna's story is phenomenal.*

**Sam Cawthorn – Australian of the Year,  
Inspirational Speaker and Best-selling Author**



*Donna you are a true hero.*

**Ed Mylett – Global Keynote Speaker  
& Best-selling Author**





# CONTACT DONNA-LEIGH

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*Photos available on request*

